**EVERY BREATH WE TAKE**

**ART LESSON**

**BOOK CONCEPT**

"AIR THAT IS BAD FOR YOU CAN COME FROM CARS, SMOKESTACKS, AND CIGARETTES. IN SOME BIG CITIES YOU CAN SEE THE BAD AIR; THE SKY IS HAZY WITH WHAT IS CALLED AIR POLLUTION. YOUR EYES MIGHT BURN, AND IT CAN BE HARD TO SEE FAR. YOUR THROAT MIGHT BECOME SORE, AND YOU CAN GET A HEADACHE. AIR POLLUTION IS VERY UNHEALTHY."

**OBJECTIVE**

LEARN WHEN YOUR AIR IS DIRTY. REFERENCING THE KIDS AIR NOW WEBSITE, STUDENTS LEARN AIR QUALITY ALERT COLORS AND WHAT THEY MEAN.

**MATERIALS**

- KIDS AIR NOW WEBSITE
- COPIES OF PINWHEEL PATTERN
- SCISSORS
- CRAYONS, COLORED PENCILS, OR MARKERS
- SHARPENED PENCILS
- PLASTIC STRAWS
- PAPER FASTENERS

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**ACTIVITY**

Create Air Quality Pinwheels color-coded to correspond to site graph.

1. **CUT**
   - Out pinwheel on the solid lines only.

2. **SHOW**
   - Children the Kids Air Now website and describe the air quality alert colors – what each color means (i.e. colors go from green to yellow to orange to red to purple to maroon, each color telling you that the air is less clean than the color before, with green being the best air quality).

3. **DECORATE**
   - Pinwheels using air quality alert colors from the website (green, yellow, orange, red, purple and maroon).

4. **CUT**
   - Along the dotted lines from the four corners to the edge of the center circle being careful not to cut into the circle.

5. **USE**
   - The sharpened pencil to poke a hole through the four small dark circles. Carefully push the pencil point through the straw about ½ inch from the top.

6. **PULL**
   - In the corners so the four small holes meet at the center circle.

7. **PUSH**
   - The ends of the paper fastener through the holes on the pinwheel and through the center circle. Hold the straw against the back of the pinwheel and push the ends of the fastener through the hole in the straw. Open up the fastener by flattening the ends in opposite directions.

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FOR MORE INFO ON CLEAN AIR: www.momscleanairforce.org

SAY HELLO AND SEND US PICS: info@momscleanairforce.org
EVERY BREATH WE TAKE

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DISCUSS

Have children blow on their pinwheels (or take them outside). Ask what colors they see. Review what each color means.

Discuss some things they can’t do when the air quality is bad (i.e., play inside until air quality improves, take it easy if outside, stop and tell adults in charge if they start to cough or wheeze).

PINWHEEL PATTERN:

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